



~ NEW ~ Online Teacher Training



## GET YOUR CERTIFICATION TO TEACH YOGA ON YOGA-WATERMAT®

Teaching yoga on the water offers many benefits such as:

- combining the practice with the healing benefits of the Water Element
- balance, focus and clarity of mind
- core strength, fun and bonding experience
- the alignment through the yoga asanas is key to stay up in balance on the mat

The online training includes:

- access to online instructional videos, 3 levels: beginners, intermediate, advanced
- written manual .pdf format with clear instructions for variations on the mat
- instructions with best setup for private and public pools or for open water
- one:one consultation and evaluation with lead teacher: Christelle Chopard E-RYT500, C-IAYT, founder of Yoga-Water™
- certificate accreditation by YogaWaterMat<sup>™</sup> and 5 hrs accredited YACEP

Requirement: E-RYT200, Certified yoga teacher with previous experience teaching on land.

DATE NOW LOCATION HERE

## CONTACT: CONNECT@YOGA-WATER.COM - WHATSAPP +1-786-301-7324

To orter your YogaWatermat: http://thewatermat.com/yoga-fitness/

